Flow of sand and a variable mass Atwood machine

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We discuss a simple and inexpensive apparatus that lets us measure the instantaneous flow rate of granular media, such as sand, in real time. The measurements allow us to elucidate the phenomenological laws that govern the flow of granular media through an aperture. We use this apparatus to construct a variable mass system and study the motion of an Atwood machine with one weight changing in time in a controlled manner. The study illustrates Newton’s second law for variable mass systems and lets us investigate the dependence of the flow rate on acceleration.

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I. INTRODUCTION

Although the formal treatment of variable mass systems is discussed in a number of books on mechanics,\textsuperscript{1} until recently, there have been relatively few undergraduate level experiments involving a variable mass.\textsuperscript{2–6} However, the study of these systems is an interesting challenge for students and enhances their understanding of the laws of dynamics.

The study of variable mass systems goes back to at least the 16th century. At that time Galileo had already designed an ingenious device and may have been one of the first scientists to study variable mass problems.\textsuperscript{7}

Granular materials, of which sand is one example, may be defined as a large conglomeration of macroscopic particles. Despite their apparent simplicity, they behave differently than other forms of matter such as solids and fluids.\textsuperscript{5,8} An overview of their surprising features and behavior may be found in Ref. 8. Two reasons for the application of granular materials to variable mass systems are that handling sand is easier than handling a fluid and the constant flow rate of sand, a feature we will explore in Sec. II. This property of the flow allows for a simpler interpretation of the experimental results.

Yersel\textsuperscript{6} has suggested that the flow rate of a granular material of density \( \rho \), flowing through an opening of area \( A \) under the influence of an effective gravitational field \( g \), is given by

\[
\frac{dm}{dt} = k \rho g^{1/2} A^{5/4},
\]

where \( k \) is a constant. The dependence of the flow rate on the diameter of circular apertures was measured in Ref. 6 and for this geometry the experimental results agree with Eq. (1).

We will study the flow of sand through an opening using a new device that improves and simplifies the static method used in Ref. 6 and is simple to implement in an undergraduate physics laboratory. As we will see, this method lets us measure the flow rate in real time, making it simple to verify if the flux of granular material is constant in time.

Section III is devoted to the experimental study of an Atwood machine with a variable mass. An approximate solution of the equation of motion is found analytically and compared to experimental data. This device also provides us with an accelerated system that lets us investigate the dependence of the flow rate on acceleration.

II. EXPERIMENTAL CHARACTERIZATION OF FLUXES

For liquids, the time rate of the mass discharged through an orifice depends on the height of the column and thus is time dependent. In contrast, we will show that the flow rate of sand is constant in time and does not depend on its height.

To characterize the sand flow rate, we hung a plastic bottle filled with sand upside down. We drilled openings of different sizes and shapes in several lids and used them to study the flow as a function of the size and shape of the opening. The bottle was hung from a force sensor connected to a data acquisition system associated with a computer (see Fig. 1). In this way, the apparatus measures the mass as a function of time. We obtained the mass flow rate from the slope of the straight line fitted to the data.

The experimental arrangement shown in Fig. 1 was also used to study the flow rate of liquids. As can be seen in Fig. 2, the flow rate of water depends, as expected, on the difference in pressure on the two sides of the opening,\textsuperscript{9} and is time dependent. For this experiment the sand must be dry, because a sand castle does not flow in the same way as grains of sand in an hourglass. Common sand, previously sifted, was used. Measurements of the grains using a microscope showed the grains to be about 100 \( \mu m \) across.

Figure 3 shows that the flow rate of sand is constant and increases monotonically with the area of the opening. If we plot the constant flow rate, \( c = -\frac{dm}{dt} \), for each opening of area \( A \) on a logarithmic scale for both variables, the relation between \( c \) and \( A \) is a straight line (see Fig. 4). Hence, our results indicate that the phenomenological dependence of \( c \) on \( A \) is given by
where \( b \) is a constant that can be obtained from the experimental data. The value of the exponent \( v \) was found to be 1.25 ± 0.05. For circular openings, we can write \( c \approx D^{2.5} \), where \( D \) is the diameter of the circular hole. This result is in agreement with Ref. 6.

Curiosity may have killed the cat, but it drives science, so we wondered how the shape of the opening affects the flow. We took more lids and cut different shaped openings (square and triangular). Not surprisingly, the flow was still constant. What did come as a surprise was that the flow followed the same systematic trend as did the circular openings. From the plot in Fig. 4, we see that the new data points fall on the same functional form as that of the circular holes. This suggests that as long as the characteristic length of the opening is much larger than the size of the grains, the relevant parameter that determines the flux is the area of the opening.

III. AN ATWOOD MACHINE WITH A VARIABLE MASS

Atwood’s machine is a textbook example of the application of Newton’s second law. A delightful demonstration based on the principles of the Atwood machine is the experiment of the “cup and the key.” This experiment is bound to amuse, surprise, and challenge kindergarten children as well as physics professors.\(^{10,11}\) Take a heavy object such as a cup, attach it to one end of a meter long string, and attach a light object such as a key to the other end of the string. Take a pencil and hold it horizontally with a firm grip. Let the cup hang just below the pencil and drape the string around the pencil. With your other hand, hold the key so that most of the string is horizontal. Can you predict what happens if you release the key?

The Atwood machine consists of two masses, \( m_1 \) and \( m_2 \), connected by a string running over two identical pulleys that can be regarded as a single pulley of effective mass \( m_p \) and radius \( R_p \) (see Fig. 5). We slightly changed this configuration by allowing one of the masses to vary with time. This system is interesting because the underlying physics of the system is
transient and the equations of motion can be solved analytically, making it possible to understand the nature of Newton’s second law when applied to variable mass systems.

This arrangement is not new, and the Atwood machine with a changing mass has been studied by several authors. Some authors have used a container with water that drips through a hole. Because the flux of water changes in time, with a changing mass has been studied by several authors. Other authors have used a container with sand for the variable mass, but the functional form for the flow rate was assumed but not independently verified in the same experiment. Moreover, the effects of the friction force and the moment of inertia of the pulleys were disregarded. We have included these effects and tested our assumptions regarding the variation of the flow rate with the acceleration. This approach lets us check the validity of all our assumptions in the same experiment.

Our variable mass system consists of the same inverted plastic bottle filled with sand, and a circular opening in the screw-on lid as was used in the first experiment. We measure the position of one of the masses, \( x(t) \), using a smart pulley (a pulley with spokes) and a photogate connected to a computer. The computer provides the time interval between consecutive passes of the spokes. By measuring the diameter of the pulley and the number of spokes, it is straightforward to obtain \( x(t) \) and \( v(t) \). There is a minor uncertainty in determining the distance traveled by the Atwood machine is analogous to a constant mass.

The traditional approach to constant mass systems involves drawing free body diagrams for each part \( (m_1, m_2, \text{and the pulley}) \). We will use a qualitative approach and obtain the same result. The total inertia of the system is made up of the two masses plus a contribution from the pulley. The force that drives the system is the difference in weight between \( m_1 \) and \( m_2 \). We also consider a constant friction force \( F \) due to the pulley opposing the motion. The equation of motion for the system is

\[
\left( m_1 + m_2 + \frac{I}{R^2} \right) a = (m_1 - m_2) g - F, \tag{5}
\]

where \( I \) is the pulley’s moment of inertia. If we take \( I \approx 0.5 m_p R^2 \) and define an effective mass \( M = m_1 + m_2 + 0.5 m_p \), we see that Atwood’s machine is analogous to a system of mass \( M \) subject to a force \( (m_1 - m_2) g - F \). In other words,

\[
M a = (m_1 - m_2) g - F. \tag{6}
\]

By measuring the acceleration for different \( m_1 \) and \( m_2 \) and plotting \( Ma \) as a function of \( (m_1 - m_2) \), we obtain a straight line (see Fig. 6), independently verifying the hypothesis that \( F \) is constant. From the slope of Fig. 6, we obtain the value of \( g \), which is consistent with the known local acceleration of gravity. The intersection of the fitted line of Fig. 6 with the vertical axis yields \( F = (3.3 \pm 0.1) \times 10^{-5} \) N. To extract the acceleration, we plotted the velocity as a function of time by
fitting a straight line through the data. Similarly, it would be possible to plot the position, \( x(t) \), versus time and obtain the acceleration by fitting a second-order polynomial. This procedure avoids differentiating the experimental data twice.

### B. Discharging mass

Newton’s second law for one-dimensional motion can be written as

\[
\frac{dP}{dt} = F_T, \tag{7}
\]

where \( P \) is the total momentum of the system and \( F_T \) is the net force acting on it. Because the mass of the system varies in time, we must be very careful when we refer to \( P \) in Eq. (7), because it includes the momentum of the discharged mass. Let us consider the variation of momentum between \( t \) and \( t + \Delta t \). At time \( t \) the effective mass \( M \) of the system is moving with a velocity \( v \), and the momentum is \( P = Mv \). After \( \Delta t \), the system has discharged a mass \( \Delta M < 0 \) and its velocity has changed by \( \Delta v \). If the sand leaves the system with a velocity \( u \) relative to the container, the total momentum at \( t + \Delta t \) is

\[
P(t + \Delta t) = (M + \Delta M)(v + \Delta v) - (v + u)\Delta M. \tag{8}
\]

We assume that the initial relative velocity \( u \) of the sand leaving the container is zero \( (u = 0) \). The change in the total momentum to first order becomes

\[
\Delta P(t) = P(t + \Delta t) - P(t) = (M + \Delta M)(v + \Delta v) - v \Delta M - v M. \tag{9}
\]

Therefore, in the limit of \( \Delta t \to 0 \), we have

\[
\frac{dP}{dt} = M(t) \frac{dv}{dt}, \tag{10}
\]

which is similar to the expression for the case of constant mass, but with the important difference that the mass \( M(t) \) now varies in time. If we allow mass \( m_1 \) to change in time, Eq. (6) becomes

\[
M(t)a = (m_1(t) - m_2)g - F, \tag{11}
\]

with \( M(t) = m_1(t) + m_2 + 1/2 m_p \).

Because the geometry of the experimental setup is the same as that used previously for the case of constant mass, we expect the friction \( F \) not to change. We expect the flow rate to change with acceleration. Indeed if the container were in free fall, no sand would leave the system. According to Ref. 6, the flux will vary with the vertical acceleration as

\[
c(a) = c_0(1 + al/g)^{\alpha}, \tag{12}
\]

where \( c \) is the flux rate \( (-dm/dt) \) at the acceleration \( a \), and \( c_0 \) is the flux when no acceleration is present. The sign convention for the acceleration is such that if the system is in free fall, \( a = -g \). The dependence of the flux on acceleration in Eq. (12) shows the expected behavior for \( a = 0 \) and \( a = -g \). By dimensional analysis, Ref. 6 concluded that \( \alpha \) in Eq. (12) is equal to \( 1/2 \); we will test this conclusion using our data.

If \( a \ll g \), we can use the approximation

\[
c(a) \approx c_0 \left( 1 + \frac{a}{g} \right). \tag{13}
\]

We define the parameters

\[
m_{1,0} = m_1(t = 0), \quad m_{12,0} = m_{1,0} - m_2, \tag{14}
\]

and

\[
M_0 = M(t = 0) = m_{1,0} + m_2 + 1/2 m_p, \tag{15}
\]

and combine Eqs. (11) and (13):

\[
a(t) = \frac{dv}{dt} = \frac{(m_{12,0} - c_0 t)g - F}{(M_0 - c_0 \lambda t)}. \tag{16}
\]

We have defined

\[
\lambda = \left( 1 - \alpha \left( 1 - \frac{a}{g} \right) \right). \tag{17}
\]

We can see that when \( \lambda \) depends linearly on \( a \), it is not possible to integrate Eq. (16) by simple methods. However, we can approximate \( a \) in Eq. (17) by its average value calculated using Eq. (11), and replace \( m_1 \) by its mean value, \( \langle m_1(t) \rangle \approx m_{1,0}/2 \), and disregard the friction force. Therefore, using the parameters \( M_0 \) and \( m_{1,0} \), introduced previously, we obtain

\[
\lambda \approx 1 - \alpha \left( 1 - \frac{m_{1,0} - m_2}{M_0 - m_{1,0}/2} \right) = 1 - \alpha \left( \frac{2m_2 + m_p}{M_0 - m_{1,0}/2} \right). \tag{18}
\]

Equation (16) can now be integrated analytically yielding an expression for both the velocity and the position of one of the masses:

\[
v(t) = v(t = 0) + \frac{gt}{\lambda} + \frac{(M_0 - \lambda m_{12,0})g + \lambda F}{c_0 \lambda^2}
\]

\[
\times \ln \left( 1 - \frac{c_0 \lambda t}{M_0} \right), \tag{19}
\]

\[
x(t) = x(t = 0) + v(t = 0)t + \frac{gt^2}{2\lambda}
\]

\[
+ M_0 \left( \frac{M_0 - \lambda m_{12,0}g + \lambda F}{c_0 \lambda^2} \left( 1 - \frac{c_0 \lambda t}{M_0} \right) \right)
\]

\[
\times \left[ \ln \left( 1 - \frac{c_0 \lambda t}{M_0} \right) - 1 \right]. \tag{20}
\]

Equations (19) and (20) can be compared directly with the results of our measurements. From the comparison we can assess the validity of our model and obtain the value of \( \alpha \), the only free parameter.

### C. Results

Figures 7 and 8 show examples of measurements from our variable mass experiment compared to the theoretical curves obtained from Eqs. (19) and (20) for different values of \( \alpha \). From this comparison, our experimental results are consistent with the value \( \alpha = 0.5 \). In fact, with a limit of confidence of 95%, \( \alpha = 0.5 \pm 0.1 \), which agrees with the prediction of Eq. (1). The uncertainty in \( \alpha \) can be reduced by experimenting with an increased output flux at higher accelerations, because at larger fluxes, the predictions of Eqs. (19) and (20) are more sensitive to small variations of the parameter \( \alpha \) as Figs. 7 and 8 clearly show. Figures 7 and 8 indicate that our results for \( x(t) \) and \( v(t) \), given by Eqs. (19) and (20), are in complete agreement with the experimental results, even for values of \( \alpha \approx g \).
IV. CONCLUSIONS

We designed a device to measure the flow of sand through an opening. Our measurements show that the flow of sand is constant and depends only on the area of the orifice. The shape of the orifice does not affect the flux as long as the characteristic dimensions of the opening are much larger than the sizes of the grains.\(^2\) The experimental results on the dependence of the flow on area agree with the result of a dimensional analysis, that is, the flow depends on the area of the orifice with an exponent of \(5/4\) as in Eq. (2).

We also built a variable mass Atwood machine to study the dynamics of a variable mass system. The simplicity of the device allowed us to find good agreement between the theoretical approach and the experimental results. Furthermore, this device has allowed us to explore the dependence of the flow of granular media in an accelerated system, which also gave us insight into how the flow of granular media may change where the acceleration of gravity is different from that on earth. Our results are consistent with the hypothesis that the flow rate of granular media increases proportionally with the square root of the total acceleration of the system.

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5David Byrd and Gray White, “Alternative theoretical method for motion

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**Fig. 7.** Experimental result for a small flow rate, \(c_0=1.7\) g/s. The circles in the upper panel represent the measured values of the velocity as a function of time. The dot-dashed line represents the acceleration obtained using Eq. (16) with \(\alpha=\frac{1}{2}\). In the lower panel the triangular symbols represent the measured values of the position as a function of time. In both panels, the heavy continuous line represents the prediction of the model, Eqs. (18) and (19) for \(\alpha=0.5\). The lines corresponding to the prediction of the model for \(\alpha=1\) and \(\alpha=0\) barely differ from the case of \(\alpha=0.5\). The parameters of the system were \(m_1=58.9\) g, \(m_2=55.25\) g, and \(m_p=11\) g.

**Fig. 8.** Experimental result for a large flow rate, \(c_0=296\) g/s. The circles in the upper panel represent the measured values of velocity as a function of time. The dot-dashed line represents the acceleration obtained using Eq. (16) with \(\alpha=\frac{1}{2}\). In the lower panel the triangular symbols represent the measured values of the position as a function of time. In both panels, the heavy continuous line represents the prediction of the model, Eqs. (18) and (19), for \(\alpha=0.5\). The dot-dashed line corresponds to the prediction of the model for \(\alpha=1\). The dashed line corresponds to the prediction of the model for \(\alpha=0\), that is, no dependence of the flow rate with acceleration. The kink observed near the maximum of \(x(t)\) is an artifact due to the uncertainty in determining the distance traveled by the system at the instant at which the pulley reverses its direction of motion. The parameters of the system were \(m_1=317\) g, \(m_2=20\) g, and \(m_p=11\) g.


12 S. Gil and E. Rodríguez, Física re-Creativa (Prentice Hall, Buenos Aires, 2001), Chap. 17, p. 91, and (www.fisicarecreativa.com).

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DEGREES OF FREEDOM

- a pendulum can only swing (no matter how fast how slow) can only swing in that small space (no matter how fast how slow, no matter) it can only swing one degree of freedom, that is what it is called, that limit cycle, (back & forth, no matter, back & forth, fast and slow): one degree of freedom:

But there is a way to get more there is a way to move there is a way to reach infinite degrees of freedom:

move towards chaos, move towards change, move towards turbulence there are so many degrees of freedom there so many degrees uncounted uncountable a rolling ring of freedom so many degrees of freedom this close to chaos

Patricia Monaghan, Dancing with Chaos (Salmon Publishing Ldt, Claire, Ireland, 2002).